



GURKHA ACTION PRE- MILITARY TRAINING ACADEMY

Lalitpur-13, Nepal

INTAKE YEAR 2025/26

WEEKLY PROGRESS REPORT OF POTENTIAL RECRUITS

Date: 4th July 2025

S.N	NAME LIST	PULL UPS	R.L&C. (m/sec)	800M	MATH	ENGLISH	Remarks
1.	ADITYA LIMBU	15	1:39	*			
2.	ANOJ BHUJEL	16	1:29	2:09			
3.	BINOD BATALA	*	*	*			
4.	BINOD RAI(G.C)	*	*	*			
5.	DANIEL PRAJA	*	*	*			
6.	DARSHAN ROKAYA	*	*	*			
7.	DAVID REGAMI	08	1:38	*			
8.	DILAV REGMI	*	*	*			
9.	DIPESH SHRESTHA	13	1:37	*			
10.	DURGAM LIMBU	21	1:31	*			
11.	HUKUM ROKA MAGAR	12	1:43	*			
12.	INDRA B. SHREES	15	1:35	2:27			
13.	JENISH SHRESTHA	18	1:32	2:16			
14.	JOHEB MAHARJAN	14	1:41	*			
15.	KABIRAJ GURUNG	23	1:37	2:24			
16.	KAUSHAL LAMA	*	*	*			
17.	KESHAV SAUD	*	*	*			
18.	KEVIN AMATYA	11	1:38	*			
19.	MANOJ KUMAL	21	1:36	*			
20.	MIZZEL JABEGU	18	1:34	2:18			
21.	NIKESH TIRUWA	*	*	*			
22.	NIMA SHERPA	16	1:36	2:27			
23.	NIRMAL LAMA(G.C)	24	1:25	2:11			
24.	NISHANLAL THEENG	*	*	*			
25.	PRAVAKAR LAMA	*	*	*			
26.	RITIK MAJHI	*	*	*			
27.	SALOM LIMBU	20	1:34	2:18			
28.	SAMIR MAGAR	18	1:29	2:19			
29.	SAMIR THAPA	19	1:31	*			
30.	SAMMAN GURUNG	14	1:36	2:30			
31.	SANJIB SUNUWAR	14	1:36	2:31			
32.	SAROJ BHOLAN LAMA	06	1:47	*			

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33	SAURAV GOPALI	14	1:36	*			
34	SIJAN YOGI	*	*	2:30			
35	SITAL SHRESTHA	*	*	*			
36	SUBED SHAKYA	21	1:36	*			
37	SUJAN TAMANG	*	*	*			
38	YANGSIHANG NEMBANG	*	*	*			

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